



ABOUT OUR PROGRAM

At FTS, we believe that athletics and other co-curricular activities function as an integral component of the total curriculum. Young people learn a great deal from participation in interscholastic sports. Our programs provide students with valuable lessons in teamwork, leadership, and sportsmanship; skills needed by all athletes.

Our athletic program strives to provide an equal opportunity for all students to explore their interests, improve their skills and have fun.

We encourage families to support their children by attending their athletic events and acknowledging their hard work. Your enthusiasm is an important means to develop a positive relationship with your child. When attending events, please keep in mind that all players, coaches and officials are there trying to do their very best. We would like to thank you in advance for exemplifying a high standard of sportsmanship.



CONTACT INFORMATION

Director of Athletics:
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NJ-Certified School Nurse:
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WEBSITE

1. Go to ftschoool.org
2. Click the "Athletics/Clubs" icon
3. Select "Sports" on the drop-down menu



FTS ATHLETICS

2019-2020



CHOOSE YOUR SPORT

Fall 2019

1. Cross Country: Cross country running is a sport in which teams and individuals run a race on open-air courses over natural terrain such as dirt or grass. This sport is available to students in grades 5-8.

2. Co-Ed Soccer: This sport is available to both girls and boys in grades 6-8.

3. Girls Volleyball: This sport is available to girls in grades 6-8.

Winter 2019-2020

Boys Basketball: This sport is available to boys in grades 6-8.

Girls Basketball: This sport is available to girls in grades 6-8.

Spring 2020

Boys Baseball: This sport is available to boys in grades 5-8.

Girls Softball: This sport is available to girls in grades 5-8.

Boys and Girls Track: This sport is available to boys and girls in grades 5-8.

How do I Sign Up?

#1

Discuss available athletic options with your child and have them select a sport they are interested in (one sport per season).

#2

Download and complete all mandatory sports participation/physical forms found on FTS sports website.

#3

Submit all required forms to the health office by date listed on sports website. Spring 2020 sports forms are due March 6, 2020. *Please be sure forms are complete. All sections need to be filled in or submitted with an attached letter from a doctor with the most recent results.



PAY TO PLAY

A \$100 fee (Board Policy 6145.1/6145.2) is assessed each season to all students who participate in a sport at FTS. Failure to submit payment may lead to uniform being withheld. In case of financial hardship, please contact the business office for further details. *Please do not submit payments until season begins.



REMINDERS

- All coaches reserve the right to hold tryouts for athletic teams, which may lead to "cuts."