



# BOE Discussion

March 2022

[ftschool.org](https://ftschool.org)

**Nicholas Diaz, Superintendent**

# Overview

- Updated Covid Data
- New Health Program Aligned to Standards





# Covid Data

# Covid Data

Year to Date	
# of positive students	64
# of positive staff	21

Since 2/16	
# of positive students	0
# of positive staff	1
# of school close contacts*	0
# household close contacts**	3
# turned positive	0

**School Close Contact-** Student/staff member within 6 feet for 15 minutes over a 24 hour period of a Covid positive case in school.

**Household Close Contact-** Student(s) living at home with a Covid positive household member.





# New Health Program



### Benefits of *HealthSmart*:

-Lessons are easy to use, with clear, concise teaching steps focused on the essential concepts and skills that will enable students to develop, practice and support specific healthy behaviors.

-Activities are developmentally appropriate, challenge students in a variety of ways, and accommodate a range of learning styles.

-*HealthSmart* is evidence informed and meets national and state standards.

-HealthSmart offers both a print and digital option for school districts.

The ultimate goal of the *HealthSmart* program is to promote the healthy growth and development of youth and give them the knowledge and skills to make healthy choices and establish lifelong healthy behaviors.



# HEALTH *Smart*

Our district Physical Education/Health teacher will be instructing our students with this new program utilizing his professionalism and expertise throughout each unit. The digital and print portions of this program are a resource as our teacher will be following our curriculum map and covering topics with respect and sensitivity to the age and grade level of our students.

Below are links provided for each grade level showing lesson topics, lesson objectives and unit overviews for parent preview.

[Kindergarten](#)

[1st grade](#)

[2nd grade](#)

[3rd grade](#)

[4th grade](#)

[5th grade](#)

[Grades 6-8](#)

A 30 day trial subscription is available on their website for anyone looking to explore *HealthSmart* in more detail.





## As a Reminder

By law, parents have the right to opt their child out of a portion of the Health Standards in 2.1 and/or 2.3. Parents have the option of opting out of both Sexuality Health and Personal Safety or one or the other.

Letter will be sent out by the Health Teacher at the start of the Health Semester requiring parent/guardian signature for those opting out. Opting out means all the standards in that category. Parents can not opt out of a single standard.

Students excused from instruction will be provided alternative instructional content and activities aligned to other Health NJSL Standards from that grade level. Students will be in an alternative location during instruction.

Standards will be grouped together so instruction occurs at one time during the semester with less disruption throughout the semester.







**Thank You**